STD II		SUBJECT: ENGLISH		
	UNIT/LESSON/ CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES	VALUES & SKILLS
April	Lesson 1 Sheetal	Students will be able to - • learn about cleanliness and time management. • learn the use of articles 'a' and 'an'.	Draw, colour and name the things that we use to keep our body clean.	Good habits & time management.
	Lesson 2 Riddle Time (only reading)	Students will be able to - • identify things based on given clues.	Students will narrate fun time riddles	Thinking skills.
	Lesson 3 Puss and the Parrot	Students will be able to— • understand how to handle difficult situations. • learn the use of - is, are, am, has and have.	Enactment of the lesson.	Act of smartness.
	Lesson 4 The Helpful Friends	Students will be able to - • understand the importance of friendship and inculcate the value of helping each other in time of need. • learn the use of preposition. • arrange jumbled words	Nest and bird making activity. (Using clay)	Friendship
June	Lesson 5 Poem: The Little Pussy Lesson 6 A Spark in the Dark	Students will be able to- • read & recite the poem with proper pronunciation, intonation & expression. Students will be able to — • learn to be brave and honest. • learn the use of Naming words	Draw the picture of a cat. Make a 'Thank You' card.	Love for pets. Honesty pays dividend. Presence of mind

July	Lesson 7 The Sailing Trip (only reading) Students will be able to - • learn the importance of timely help. • learn the use of Naming words.		Make a 'Noun Town'.	
	Lesson 8 A Mouse in the House.	Students will be able to - • learn to take care of the siblings • learn about Replacing words .	Learn and write ten 'ou' sound words.	Caring for siblings.
	Lesson 9 Poem: The Rainbow	Students will be able to - • read & recite the poem with proper pronunciation, intonation & expression.	Draw & colour a rainbow.	Appreciating nature.
	Lesson 10 The Magic Matchbox.	Students will be able to- • imagine and develop creative thinking • learn about Doing words .	Narrate your recent dream.	Creative thinking.
	Composition: Rainy Season	Students will be able to learn and write a composition on Rainy Season.	Draw a picture depicting rainy season.	
August	Lesson 11 Where is the Pink Whale? (only reading)	Students will be able to - • understand the importance of being wise • learn about Doing words • learn about Rhyming words	Draw a picture of whale.	Wisdom
	Lesson 12 The Crow's Nest	Students will be able to - • understand about unity and togetherness • learn about Describing words	Complete the given list of describing words and draw and colour the related pictures also.	Unity
September	Lesson 13 The Foamy Soap (only reading)	Students will be able to - • understand the importance of presence of mind.	Draw a picture of forest showing the various animals.	Presence of mind and being courageous.
	Lesson 14 Poem: Let's Draw	• learn about Describing words Students will be able to read & recite the poem with proper pronunciation, intonation and expression.	Draw a picture of house.	Imagination and drawing.

	Lesson 15			
	When I Was a Baby	Students will be able to - • understand the use of Past Tense	Write three sentences on When you were a baby.	Writing skills
	Lesson 16 Hanuman	Students will be able to - • learn about the childhood story of Hanuman	Speak about any funny incident related to your childhood.	Courage
	Lesson 17 The Silver Tray (only reading)	 learn the correct usage of Past Tense and Describing words learn about the opposites Students will be able to- understand the use of Past Tense 	Give a suitable ending to the story.	Imagination and innovation.
	Lesson 18 An Inch of Gold	Students will be able to understand and learn - • understand the use of Past Tense • To be content with what they have.		Do not be greedy
October	Composition: My Favourite Animal Lesson 19 What did Sheetal? (only reading)	Students will be able to learn and write a composition on My Favourite Animal. Students will be able to learn - • About punctuality. • Use of Past tense	Draw and colour the picture of your favourite animal. *Group Activity- Tell my past tense.	Time is valuable.
November	Lesson 20 The Sparrows Lesson 21 Poem: Wonder	Students will be able to learn - To be kind and caring. Use of describing words. Students will be able to understand the beauty and wonders of nature.	Make a collage of a bird Draw the picture related to the poem.	To be kind towards animals and birds Enjoy &
	Lesson 22 Two Shops	Students will be able to learn - • The importance of being happy and cheerful. • Singular and plural	Write the missing singular and plural and draw a related picture also.	appreciate nature. Always be cheerful.

	Lesson 23	Students will be able to understand -	Make a mask of any animal and write a	Imagination and
	The School in the	• Importance of school.	slogan about saving animals.	innovation
	Jungle (only reading)	• How to frame questions		
		• Rhyming words		
D 1	Lesson 24			
December	Whose Is It?	Students will be able to learn and understand -	Framing of questions based on answers	Questioning
	(only reading)	• Use of Possessive pronouns	given.	
		• To frame questions beginning with 'Whose'.		
	Lesson 25	Students will be able to learn -	*Group Activity –	
	That is Your Bag, Not	• The quality of being helpful.	Interaction (Question and answer)	Sharing and caring
	Mine	• Use of Punctuation	using possessive pronouns.	
		• Use of Possessive pronouns		
	Lesson 26	Students will be able to read & recite the poem	Write and draw the picture of swing.	Appreciating
	Poem: The Swing	with proper pronunciation, intonation and		nature
		expression.		
	Lesson 27	Students will be able to learn –	Speak a few sentences on what you	Imagination and
	Tomorrow will be a	About the festival of Holi	will do on the weekend.	creative thinking
	Holiday	Use of Future tense		
January				
	Composition: Holi	Students will be able to write a composition on		Listening and
		Holi.		writing
	Comprehension	Students will be able to read and comprehend		
	Comprehension	the passage and answer the questions based on		
		it.		
	Lesson 28	Students will be able to learn not to day dream	Make sentences using difficult words.	Imagination and
	Raghu, the dreamer	and live in reality.		creative thinking
February	Comprehension	Students will be able to read and comprehend		
	F	the passage and answer the questions based on		
		it.		
March	Revision And Assessme	ent	1	L

कक्षा - I	I	विषय - हिंदी		
सत्र/माह	पाठ / शीर्षक	अपेक्षित कुशलताएँ	सुझावित क्रियाकलाप	मूल्य
अप्रैल	 भाषा अभ्यास - पुनरावृति भाषा माधुरी - पाठ 1 कविता (सीखो) भाषा अभ्यास - अभ्यास–1 भाषा माधुरी - पाठ 2 (ठीक काम करें) भाषा अभ्यास- अभ्यास– 2 	 पुनरावृति छात्र घर और पाठशाला में काम करने को सदैव तैयार रहना सीखेंगे। छात्र कहानी के मूल भाव को समझने तथा उससे प्राप्त होने वाली शिक्षा को ग्रहण करने की योग्यता का विकास करेंगे। छात्र अपनी सभी चीजों को सही जगह पर रखना सीखेंगे। 	क्ड़ेदान बनाना .ठीक एव गलत कार्य पर चर्चा(अच्छी आदत)	श्रम प्रतिष्ठासुव्यवस्थितता
जून	 भाषा माधुरी- पाठ-3 (दादी का गाँव) भाषा अभ्यास - अभ्यास - 3 भाषा माधुरी- पाठ 4 - मेहनत का फल भाषा अभ्यास - अभ्यास - 4 	 छात्र तर्क शुद्ध दृष्टि से विचार करना सीखेंगे। छात्र गाँव के जीवन को जानेंगे। छात्र प्रकृति से प्रेम करने के लिए प्रेरित होंगे। छात्र घर और पाठशाला में काम करने को सदैव तैयार रहना सीखेंगे। 	• छात्रों से उनके गाँव के बारे में जानकारी प्राप्त करना।	वैज्ञानिक दृष्टिकोणश्रम प्रतिष्ठा
जुलाई	 भाषा माधुरी- पाठ - 5 जन्मदिन भाषा अभ्यास - अभ्यास-5 भाषा माधुरी- पाठ - 6 (दाँत का दर्द) भाषा अभ्यास - अभ्यास- 6 भाषा माधुरी- पाठ - 7 (बाल दिवस) मौखिक 	 छात्र एक-दूसरे से सुख-दुख का समान अनुभव करना सीखेंगे। छात्र पाठ का सस्वर वाचन करेंगे । छात्र प्रकृति प्रेम, जानवरों के जीवन से प्रेम भावना के लिए प्रेरित होंगे। छात्र एक-दूसरे से विनम्रता का बर्ताव करना सीखेंगे। 	जन्मदिन के लिए शुभकामना पत्र (कार्ड बनाना) दाँतों को स्वस्थ रखने के तरीके पर चर्चा	संवेदनशीलतावैज्ञानिक दृष्टिकोण

सत्र/माह	पाठ / शीर्षक	अपेक्षित कुशलताएँ	सुझावित क्रियाकलाप	मूल्य
अगस्त	भाषा माधुरी- पाठ-8 (प्यारे पेड़) भाषा अभ्यास - अभ्यास— 8 भाषा माधुरी- पाठ - 9 - बादल (कविता- मौखिक)	 छात्र प्रकृति प्रेम के लिए प्रेरित होंगे। छात्र पेड़ों को काटने से रोकेंगे। छात्र तर्क शुद्ध दृष्टि से विचार करना सीखेंगे। छात्र उचित लय तथा हाव-भाव के साथ कविता का पठन करना सीखेंगे। 	 विभिन्न प्रकार के पेड़ों के अलग-अलग उपयोगों की जानकारी प्राप्त करना। वर्षा कैसे होती है? यह जानना। अलग-अलग आकार के पतों से जानवरों की कलाकृति बनाना। 	पर्यावरण की रक्षावैज्ञानिक दृष्टिकोण
सितंबर	• भाषा माधुरी- पाठ - 10 (दो तोते) • भाषा अभ्यास - अभ्यास- 10 भाषा माधुरी- पाठ - 11 -चतुर चीकू • भाषा अभ्यास - अभ्यास- 11	 छात्र एक-दूसरे से विनम्रता का बर्ताव करना सीखेंगे। छात्र कहानी से प्राप्त होने वाली शिक्षा को ग्रहण करने की योग्यता का विकास करेंगे। छात्र कहानी के मूल भाव को समझेंगे, वे एक दूसरे से विनम्रता का बर्ताव करना सीखेंगे। 	कहानी को पूर्ण हाव-भाव तथा उतार-चढाव के साथ सुनाना। पाठ का सस्वर वाचन। अपने प्रिय पक्षी पर चर्चा	• सौजन्यशीलता
अक्तूबर	आषा माधुरी-पाठ-12-सीख (कविता- मौखिक) आषा माधुरी-पाठ -13- मेला (कविता-मौखिक)	 छात्रों में राष्ट्र के प्रति प्रेम, आदर तथा निष्ठा की भावना जागृत होगी। छात्रों में सभी धर्मों के प्रति समान भावना उत्पन्न होगी, देश की सेवा में जीवन देने वाले महापुरुषों की जानकारी प्राप्त होगी। 	 देशभक्त के चित्र चिपकाकर नाम लिखना। कविता को उतार-चढ़ाव के साथ बोलना। 	राष्ट्रभक्तिसंवेदनशीलता

सत्र/माह	पाठ / शीर्षक	अपेक्षित कुशलताएँ	सुझावित क्रियाकलाप	मूल्य
नवम्बर	 भाषा माधुरी- पाठ - 14 - रोटी भाषा अभ्यास - अभ्यास-14 भाषा माधुरी- पाठ - 15 - राजू का सपना भाषा अभ्यास - अभ्यास-15 	 छात्र एक-दूसरे से सुख-दुख का समान अनुभव करना सीखेंगे। छात्र घर और पाठशाला में काम करने को सदैव तैयार रहना सीखेंगे। 	 स्वामी दयानंद जी की विशेष घटना की जानकारी लेना । परी के मुकुट , छड़ी , पंख का चित्र बनाना । 	सर्व धर्म सहिष्णुता अम प्रतिष्ठा
दिसंबर	 भाषा माधुरी- पाठ - 16 - अभ्यास भाषा अभ्यास - अभ्यास–16 भाषा माधुरी- पाठ - 17 - रेल (कविता) मौखिक भाषा अभ्यास - अभ्यास–17 	 यातायात के साधन के विषय में समझेंगे । छात्र मुश्किल पड़ने पर नहीं घबराएँगे । 	 गुरुकुल के बारे में जानकारी। यातायात के साधनों के चित्र चिपकाना / बनाना 	श्रम प्रतिष्ठासर्व धर्म सिहण्णुता
जनवरी	 भाषा माधुरी- पाठ - 18 - रोबोट भाषा अभ्यास - अभ्यास–18 पाँच वाक्य - रोबोट भाषा माधुरी- पाठ - 19 - टेलीफोन की घंटी (मौखिक) 	 छात्र विज्ञान के महत्त्व को समझेंगे व नई खोज करेंगे । छात्र त्याग तथा सेवा-भाव का विकास करेंगे। 	• पाठ को नाटक के रूप में प्रस्तुत करना।	वैज्ञानिक दृष्टिकोणसंवेदनशीलताराष्ट्रीय एकात्मता
फरवरी	भाषा माधुरी- पाठ - 20 - यह दिल्ली है • भाषा अभ्यास - अभ्यास— 20	• छात्र देश के प्रमुख पदाधिकारियों के विषय में जानकारी प्राप्त करेंगे, जैसे - प्रधानमंत्री, राष्ट्रपति, उपराष्ट्रपति । छात्र पंथ, जाति और धर्म में भेद नहीं करेंगे। छात्र तर्क शुद्ध दृष्टि से विचार करना सीखेंगे।	भारत के मानचित्र में दिल्ली तथा कुछ अन्य महत्त्वपूर्ण शहरों को दिखाया जाएगा। दिल्ली की इमारतों के चित्र (चिपकाना या बानाना) दिखाना।	• संवेदनशीलता
मार्च			ı	1

महिने	घटक	<u>आशय</u>	<u>मूल्यमापन</u>	<u>उपक्रम</u>	<u>मूल्य</u>
एप्रिल	पाऊस(कविता)	पावसाळ्यात घडणाऱ्या गमती जमती मुलांना समजावून सांगणे	विद्यार्थ्यांना पावसाळ्यात घडणाऱ्या गमती जमती	पावसाचे चित्र काढा व रंगवा व कागदाची बोट बनवा	पर्यावरण संरक्षण निरीक्षण क्षमता
	मांजराची गंमत	चित्र निरीक्षण करायला शिकवणे व चित्रावर आधारित प्रश्न विचारणे	समजतील विद्यार्थी कविता लयबद्ध म्हणतील	NOTEBOOK तोंडी गोष्ट सांगणे	प्राण्याबद्दल (दयाबुद्धी)
	(चित्रकथा)	खेळा द्वारे निरीक्षण करून नक्कल करून घेणे.	विद्यार्थी चित्रनिरीक्षण द्वारे प्रश्नांची उत्तरे देतील	चित्र बघ्न तशी कृती करा	निरीक्षण क्षमता
	खेळ खेळण्यात		विद्यार्थी खेळाच्या द्वारे चित्र बघून नक्कल करतील		
	नक्कल करूया				
जून	फळांचा राजा (कविता)	विद्यार्थी फळांची माहिती व महत्व समजून घेतील (सांगणे)	विद्यार्थी फळांचे महत्व समजून घेतील व कविता लयबद्ध	आवडत्या फळांचे चित्र काढा व रंगवा	पर्यावरण संरक्षण
	फळे मोजूया	विद्यार्थ्यांना फळाद्वारे अंक मोजायला शिकवणे	म्हणतील (notebook नावे 5) विद्यार्थी अंक १ ते १०	चित्र बघून अंक मोजणे (तोंडी)	नीट नेटकेपणा निरीक्षण क्षमता व
	चित्रे पाहून गप्पा	विद्यार्थ्यांना वेगवेगळी चित्र दाखवून त्याबद्दल गप्पा मारणे	मोजायला शिकतील (अंक १ ते १० in notebook with picture)	बघायला लावणे व त्याबद्दल २ वाक्य बोलायला लावणे	भाषा कौशल्य विकास
			विद्यार्थी चित्र समजून घेऊन त्याबद्दल बोलायला शिकतील		

जुलै ऑगस्ट	ओळख खेळांची झोपाळा गेला उडून (चित्रकथा) भाजी घ्या भाजी (कविता)	विद्यार्थ्यांना वेगवेगळ्या खेळांची माहिती करून देणे व खेळाचे महत्व समजावून सांगणे चित्र निरीक्षण करायला शिकवणे. गोष्ट सांगणे व त्यावर प्रश्न विचारणे विद्यार्थ्यांना (गाण्यात) कवितेत आलेल्या भाज्यांची व पदार्थांची नावे सांगणे	विद्यार्थी वेगवेगळ्या खेळांची माहिती व महत्व समजून घेतील विद्यार्थी चित्र निरीक्षण द्वारे प्रश्नांची उत्तरे देतील विद्यार्थी कवितेद्वारे भाज्यांपासून बनणाऱ्या वेगवेगळ्या पदार्थांची नावे	आवडत्या खेळाबद्दल माहिती सांगणे. २ वाक्य बोलायला लावणे (तोंडी) गोष्ट सांगणे (तोंडी) भाज्यांपासून बनवलेला कोणता पदार्थ त्यांना आवडतो ते सांगायला सांगणे	भाषा कौशल्य निरीक्षण क्षमता भाषा कौशल्य विकास भाषा कौशल्य पर्यावरण संरक्षण
	ओळख भाज्यांची वाहने ओळखू (गप्पा मारू) ओळख वाहनांची	विद्यार्थ्यांना वेगवेगळ्या भाज्यांची नावे सांगणे व त्या भाजीचे महत्व समजावून सांगणे विद्यार्थ्यांना वाहनांचे वेगवेगळ्या प्रकारांची माहिती देणे (रस्त्यावरची वाहने, आकाशात उडणारी वाहने, पाण्यात चालणारी वाहने) व त्यावर गप्पा मारणे व वाहनांची ओळख करून देणे व नावे सांगणे	सांगतील व कविता लयबद्ध म्हणतील विद्यार्थी वेगवेगळ्या भाज्यांची नावे शिकतील व भाज्यांची माहिती व महत्व समजून घेतील विद्यार्थी वाहनांच्या वेगवेगळ्या प्रकारांची माहिती समजून घेतील	भाज्यांची (वेगवेगळ्या रंगांची) चित्रे काढून रंगवणे ठिपके जोड व वाहन बनवा वाहनांच्या चित्रांचा संग्रह करा व कोणकोणत्या वाहनातून फिरायला गेला होता त्या विषयी सांगा	भाषा कौशल्य विकास व निरीक्षण क्षमता
सप्टेंबर	आपला परिसर खार (कविता) माझे घर घरातील वस्त्	विध्यार्थ्यांना घराजवळील परिसरात कोण कोणती ठिकाणे आहेत त्या बद्दल माहिती देणे -उदा दुकाने ,दवाखाना ,उद्यान ,इ व त्याचे महत्व समजावून सांगणे . विद्यार्थ्यांना कविता लयबद्ध पद्धतीने म्हणायला शिकवणे घर व घराचे महत्व व विविध वस्तूंची माहिती करून देणे	विध्यार्थ्यांना घराजवळील परिसरात कोण कोणती ठिकाणे आहेत त्या बद्दल माहिती देणे - उदा दुकाने ,दवाखाना ,उद्यान ,इ व त्याचे महत्व समजावून सांगणे . समजावून घेतील विद्यार्थी कविता लयबद्ध म्हणतील विद्यार्थी घरांचे महत्व व घरातील वस्तूंची माहिती घेतील	आपल्या परिसरातील दुकानांना भेटी द्या व माहिती मिळवा (चित्र चिकटवा नोटबुक (ऍक्टिव्हिटी १) खारीचे चित्र काढ्न ते रंगवणे (notebook) घरातील १० निर्जीव वस्तूंची नावे सांगा चित्र काढा व रंगवा (activity) notebook चित्र व नावे जोडया लावा	निरीक्षण क्षमता (सार्वजनिक मालमतेचे जतन) (प्राण्यांबद्दल दयाळू बुद्धी) पर्यावरण संरक्षण नीटनेटकेपणा निरीक्षण क्षमता (आदर्शांचे पालन)

ऑक्टोबर	ऐक्या बोल्या को को कोंबडा (गाणे)	घरातील वस्तू ज्या आपल्याला नेहमी उपयोगी असतात त्याची माहिती देणे विद्यार्थ्यांना कविता लयबद्ध म्हणायला शिकवणे व कवितेत येणाऱ्या पक्ष्यांची नावे सांगणे	वस्तूंच्या उपयोगाबद्दल माहिती घेतली कवितेत येणाऱ्या पक्ष्याची नावे सांगतील व त्यांचे आवाज काढतील व कविता लयबद्ध म्हणतील	5 चित्र ज्या वस्तू आपल्या रोजच्या जीवनात उपयोगी असतात व आपण वापरतो त्यांची चित्र गोळा करणे व चिकटवणे (पक्ष्यांचे आवाज काढणे)	वैगन्यानिक दृष्टी विकास पर्यावरणाचे जतन पर्यावरण संरक्षण प्राण्यांबद्दल दयाबुद्धी
नोव्हेंबर	योग्य काय?	विद्यार्थ्यांना कोणत्या गोष्टी योग्य व अयोग्य आहेत हे चित्रांद्वारे समजावून सांगणे	विद्यार्थी चित्रांद्वारे योग्य व अयोग्य गोष्टी समजून घेतील	तुम्हाला कोणत्या गोष्टी योग्य आहेत व कोणत्या गोष्टी अयोग्य आहेत त्या सांगणे	सौजन्यशीलता कर्तव्य दक्षता
डिसेंबर	माझी शब्द बाग कोण कसे	विद्यार्थ्यांना अर्थपूर्ण शब्द बनवायला शिकवणे वेगवेगळे शब्द - फळे, खेळणी, भाज्या, वस्तू, वाहने	विद्यार्थी वेगवेगळे अर्थपूर्ण शब्द बनवायला शिकतील	शब्दसंग्रह बनवणे फळ, भाज्या, खेळ, वस्तू, वाहने, क्रिया यांचे प्रत्येकी ५ शब्द बनवणे व ते notebook मध्ये लिहणे	शब्दसंग्रह भाषा कौशल्य विकास
जानेवारी	कोण कोठे? सारखे काय?	चित्रांद्वारे विद्यार्थ्यांना वेगवेगळे concept (संज्ञा, विरुद्ध अर्थ शब्द) शिकवणे. (लांब, आखूड, उंच, ठेंगणे, रुंद, अरुंद, मोठे, लहान)	विद्यार्थी वेगवेगळे concept (संज्ञा) चित्रांद्वारे शिकतील	विद्यार्थ्यांना वस्तू दाखवायला सांगणे व संज्ञा सांगायला लावणे.	नीटनेटकेपणा
फेब्रुवारी	माझे शब्द भांडार	विद्यार्थ्यांना वेगवेगळ्या अक्षरांचे शब्द बनवायला, व लिहायला शिकवणे	विद्यार्थी वेगवेगळे शब्द बनवायला शिकतील व लिहितील	वाचन व सोपे शब्द लिहिणे नोटबुक	शब्द संग्रह वाढ ,नीटनेटकेपणा
मार्च	सराव				

SUBJECT: LIVING WITH VALUES

MONTH	UNIT/LESSON/ CONTENT	LEARNING OBJECTIVES	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES	VALUES/ SKILLS
APRIL	Lesson 1 Prayer	To glorify God	Students will be able to glorify God's creation and praise them	Reciting the Prayer in rhythm	Devotion to God
Arkil	Lesson 2 Mother	To give respect and obey your mother	Students will be able to give respect and obey their mother	Make a 'Thank you' card for your mother	Respectful
June	Lesson 3 Namaskaram	To incuicate the habit of wishing elders always	Students will be able to develop the habit of wishing all the eleders	Join the dots of Namaskaram	Respectful
July	Lesson 4 Following the rules	To understand the importance of following rules	Students will be able to learn the importance of following rules	Make a list of classroom rules	Discipline
July	Lesson 5 The Path of Dharma	To be an obedient child	Students will be able to obeying their elders	Make a list of five things that should be doing everyday	Obedience
August	Lesson 6 Work is Worship	To understand the importance of respecting everyone's work	Students will be able to learn importance of respecting everyone's work	Make a list of helpers around you	Respectful
August	Lesson 7 Swami Dayanand Saraswati	To learn not to critisize others	Students will be able to learn about not to criticising others	Enactment of the lesson	Kindness
September	Lesson 8 Those Brave Kids	To learn the ways to be brave in their lives	Students will be able to describe the ways to be brave in their own lives	Textbook activity	Bravery
October	Lesson 9 No Complaints Please!	To behave nicely with everyone and speak decent words	Students will be able to behave nicely with everyone and speak decent words	Enactment of the lesson	Politeness
November	Lesson 10 My 'Devta'	To learn the importance helping others	Students will be able to learn the importance of helpfulness	Textbook activity	Helpfulness
December	Lesson 11 My safety, My Priority	To learn about keeping myself safe	Students will be able to learn the ways of keeping themselves safe	Group Discussion	Be careful
I amazama	Lesson 12 No I Don't Like It	To learn about good touch and bad touch	Students will be able to understand the difference between good touch and bad touch	Textbook activity	Safety
January	Lesson 13 My Lovely Doll	To learn the importance of sharing	Students will be able to understand the importance of sharing	Draw your favourite toy	Sharing

STD II	SUBJECT: MATHEMATICS				
MONTH	UNIT/LESSON/ CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES/PROJECTS	VALUES & SKILLS	
April	Chapter 1 Numbers till 100 Ascending/Descending Place value Ordinal Numbers Chapter 2 Numbers upto 999 Introduction	 Students will be able to- read and write up to 100 in words and figures. Write before and after number know the place value of the given number. Compare and arrange the given numbers in the increasing and decreasing order with signs. (<,>,=). write the numbers in ordinal order. Concept of 100. 	 Write ordinal numbers, with the help of examples given by the teacher. Number web-Describing the given number in different ways. 	Value of Numbers Accuracy and estimation skills are developed.	
June	Chapter 2 (continued) Numbers up to 999 Number names Greater than, less than, equal to, missing numbers	 Students will be able to - read and write the numbers upto 999 in words and in figures. show the given numbers on abacus. Compare and arrange the given numbers up to three digits in increasing and decreasing order with < or > or = Solve Brain Teasers. 	Learning place value through abacus and indicating numbers by placing "bindis" (medium sized bindis, any colour)	Recognition Imagination Accuracy and estimation	
	Chapter 3 Addition (Introduction)	Students will be able to • Do Addition with or without regrouping.	Make an Abacus to understand the concept of addition	Improve the speed of calculation.	
July	Chapter 3 Addition (Continued)	Students will be able to - • Changing Ones into Tens, Changing Tens into Hundreds Solve Word Problems.	Make an Abacus using bindis to understand the concept of subtraction	Improves the speed of calculation.	
	Chapter 4 Subtraction(Introduction)	Students will be able to - • Subtract 2 digit numbers		Reasoning skills	

MONTH	UNIT/LESSON/ CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES/PROJECTS	VALUES & SKILLS
August	Chapter 4 Subtraction(continued)	 Students will be able to - Changing Tens into Ones Solve Word problems Changing tens and hundreds Solving word problems, brain teasers 	 Exhibit different coins and notes of different values. Tracing of coins to form a design 	Importance of saving money.
	Chapter 5 Money (full chapter)	Students will be able to — • learn about coins and notes of different denominations. • Do Addition and subtraction of money. • Solve Word problems		
Santambar	Chapter 6 Shapes Cube, Cuboid, Cone, Cylinder and Sphere	Students will be able to - • differentiate open and close figure such as square, triangle, rectangle and circle know the sides, edges, vertices and faces of the given shape.	 Model of shapes using clay and toothpicks. Draw and colour things of different shapes. 	Drawing skills with accuracy and creativity.
September	Chapter 7 Odds and Evens.	 Students will be able to – Learn and understand that all numbers ending with 0,2,4,6,8 are even numbers. Learn all numbers ending with 1,3,5,7,9 are odd numbers. 	Make chart to show even numbers and odd numbers.	Recognition and Comparison
October	Chapter 9 Time	Students will be able to — • learn and understand what is time. • read the clock in hours and minutes. • differentiate hour hand and minute hand. know the days of the week and months of the year.	Making of a clock using paper plate, chart, paper etc. to show the time	Value of time
November	Chapter 8 Multiplication	Students will be able to — • learn the concept of multiplication. • Learn multiplication Tables (2 -10) • do multiplication by zero • solve Word Problems. • Multiply 2-digit by 1-digit (without carry over)	 Make a chart of tables. To show repeated addition using stars. Students create buildings in a city with the windows in the form of an array. 	Improves the speed of calculation.

MONTH	UNIT/LESSON/ CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES/PROJECTS	VALUES & SKILLS
December	Chapter 10 Weights Units of weight Addition /subtraction, word problems	Students will be able to- recognize various units of measuring weights. know the standard units of weight (kilograms and grams) establish relation between the units do addition and subtraction of weights. Solve Word problems.	Make a toy pan balance with the help of boxes and weights with the help of paper plates. (100 gm, 50 gm)	Estimation and comparison.
	Chapter 11 Capacity (Introduction) Units of capacity. Add/subtraction	 identify the measuring units of capacity. know standard units of capacity (L/ml.) establish relation between the units do addition and subtraction 	Draw containers of different capacities.	
January	Chapter 11 (continued) Capacity (word Problems) Chapter 12 Length Units of length. Addition /subtraction. Word problems.	Students will be able to — Solve the word problems related to capacity. • recognize various units of measuring length. • establish relation between the units of measurement. • know standard units of length. (m/cm) • do addition and subtraction of length. • solve word problems	 Measure the length of their Maths text or note book or their pencil and write the measurement in standard unit (cm). Paste different types of threads of different lengths. 	Estimation and Comparison.
February	Chapter 13 Fractions. Equal and Unequal parts, cutting into half and quarter.	Students will be able to — • learn equal & unequal fractions. • know and understand the fractions ½-half or ¼- quarter. • show the figures - fraction ½ or ¼.	• Paste cutouts of different fractions (1/2, ½, ¾, 2/3 etc)	Comparison and Imagination.
March	Revision	,	,	

STD - 2 SUBJECT: EVS

MONTH	UNIT/ LESSON / CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES	VALUES & SKILLS
April	L-1 More about me More about body parts and its functions. See how my body works	Students will be able to- 1. Recognize the different colours of eyes and hair. 2. Know that everyone has the same body parts but they differ in shape, size, colour etc. 3. Recognize different parts of the body. 4. Learn about the various actions they can do with hands and legs.	 See the picture and write the colour of eyes of each child. Label the parts of the body. Students will be asked to do different actions using hands and legs. Counting their teeth. 	RecognitionSelf-awareness
June	L -2 More on Personal Cleanliness and good habits. Personal hygiene	Students will be able to- 1. Learn about the importance of personal hygiene. 2. Learn about the good habits.	 Write down (5) sentences about (a) The things done to keep oneself clean and healthy. Stick pictures of 5 things which we use to keep our body clean. 	 Cleanliness and good hygiene habits.
	L -3 Our Food (Introduction)	Students will be able to- 1. Know about the importance of types of food.	• Identify the food brought for lunch and categories into healthy and unhealthy food.	
July	L -3 Our Food (continued) Balanced diet	Students will be able to- 2 Classify the food items as the food we get from plants and the food we get from animals.	Stick five pictures each of healthy and unhealthy food items.	• Awareness of healthy food
·	L-4 Our Clothes	Students will be able to- 1. Recognize the different fibres. 2. Learn about the type of clothes worn in a particular season.	Design a dress of your choice using different fabrics.	 Recognition and adaptability

MONTH	UNIT/ LESSON / CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES	VALUES & SKILLS
	L-5 A house to live in	Students will be able to- 1. Know about the different types of houses. 2. Differentiate between a temporary house and a permanent house 3.learn about the things which help to keep the house neat and clean	 Draw and colour pictures of different houses in the note book. Making a Model of the house. 	SecuritySustainabilityCreativity
August	L- 6 Neighbourhood a)Post – Office b)School c)Hospital d)Market e)Bank	Students will be able to- 1.learn about the important places in the neighbourhood 2. Know about his/her school and its surroundings. 3. To be aware of various academics and co-curricular activities in school. 4. Learn about the importance of a hospital. 5. Know about the things available in the market. 6. Learn about the importance of saving money in a bank.	 Bring an envelope, postcard, inland letter and stamp and paste them in the notebook. Draw and colour any two things you find in a hospital. Find the cost of some items from a neighbourhood market. Show the students a cheque book, ATM Card and discuss their uses. Create a market scene and a post office. Role play of community helpers. 	Community serviceCommunicationLove and care
September	f)Police Station L-7 Plants around us Trees, shrubs, herbs, Climbers, Creepers L-8 Animal World (Introduction) Domestic animals, wild animals	7. Learn about the functions of the police. Students will be able to 1. Classify the plants as trees, shrubs, herbs, creepers and climbers. Students will be able to 1. Differentiate between domestic animals and wild animals. 2. Recognize the homes of animals. 3. Know about the food we get from animals and birds. 4. Learn about the uses of animals.	 Label the parts of a plant. Name 5 things we get from wood. Visit to the D.A.V. garden. Prepare a Plant model using craft material. Make paper bags. (As a substitute for leather and plastic bags.) Make clay models of domestic, wild, water animals or birds and create a suitable scenery. 	 Environmental awareness Love and care for plants Sensitivity towards animals compassion

MONTH	UNIT/LESSON/ CONTENT	EXPECTED LEARNING OUTCOME	SUGGESTED ACTIVITIES	VALUES & SKILLS
October	L-9 Living things and Non-living things Students will be able to 1. Know about the characteristics of living things and non -living things. • Draw and colour any two living and non-living things		DependabilityAdaptability	
November	L-10 Water Sources of water Uses of water	Students will be able to 1. Learn about the uses of water. 2. Learn about the sources of water.	• Stick 5 pictures of uses of water and write one line on each.	Awareness of usage of water for living world.
December	L-11 Weather and seasons Different seasons and clothes used in particular season.	Students will be able to 1. Know that weather changes from day to day. 2. Learn about the different seasons. 3. Learn about the clothes we wear in a particular season.	. season.	
December	L-12 Means of Transport Land, Water, Air transport Means of Transport Land, Water, Air transport Means of Transport Students will be able to 1. Learn about the different modes of transport. 2. Learn about the different types of transport. 3. Know about the uses of transport. Draw, colour & write 5 sentences about your favourite mode of transport.		Environmental awareness on fuel conservation.	

January	L-13 Traffic Rules. Safety on the road L-14 Important days National festivals	Students will be able to 1. Learn about the traffic rules. Students will be able to 1. Learn about our National Festivals- Independence Day, Republic Day and Gandhi Jayanti.	 Draw and colour a) Zebra crossing. b) Traffic signal. Make posters on different miniature models road signs and traffic rules and display them in the class. Draw and colour our National Flag. Making of National Flag with the help of coloured paper. 	 Caution, Safety Discipline and tolerance. Maintaining and sharing the responsibility. Patriotism 	
February	L-15 Great men of Arya Samaj History of Arya Samaj	Students will be able to 1 .Know about the great men of Arya Samaj - 1.Swami Dayanand Saraswati 2.Mahatma Hans Raj 3.Swami Shraddhanand	• Telling the stories of Swami Dayanand Saraswati and Mahatma Hans Raj.	RespectAccomplishmentSocial reformation	
March	REVISION				

STD 2	SUBJECT: DRAWIN	G
MONTH	TOPIC	LEARNING OUTCOMES
APRIL	Scarecrow Step by step pg no 1,2,3,4	Students will be able to visualise and draw Scarecrow
JUNE	A girl with umbrella Step by step pg no 5,6,7,8	Students will be able to visualise and draw human figure with umbrella
JULY	Swan Step by step pg no 9,10,11,12	Students will be able to visualise and draw Swan
AUGUST	Neighborhood services Step by step pg no 13,14,15,16	Students will learn what is meant by neighborhood services
SEPTEMBER	Ganpati bappa Step by step pg no 17,18,19,20	Students will learn about Ganesh Festival
OCTOBER	Diwali Lantern Step by step pg no 21,22,23,24	Students will learn to draw and color latern by using different patterns
NOVEMBER	Scenery Step by step pg no 25,26,27,28	Students will learn to draw scenery drawing
DECEMBER	Snowman Step by step pg no 29,30,31,32	Students will learn to visualise and draw snowman
JANUARY	A Girl/Boy with kite Step by step pg no 33,34,35,36	Students will learn to draw memory drawing
FEBRUARY/MARCH	Cartoon Character Step by step pg no 37,38,39,40	Students will able to draw cartoon character

STD 2	SUBJEC	CT: CRAFT
MONTH	ТОРІС	LEARNING OUTCOMES
APRIL	House	Students will be able to make a paper house
JUNE	Bookmark Flower	Students will be able to learn to make bookmark with ice-cream stick and flower with craft paper
JULY	Snake Aeroplane	Students will use craftpaper to make snake and aeroplane
AUGUST	Rakhi Tri-color band	Students will be able to know how to make Rakhi and Tri-color band by using different material
SEPTEMBER	Rocket	Students will learn to make best out of waste
OCTOBER	Diya	Students will be able to make diwali diya
NOVEMBER	Wall Hanging Paper bag	Students will learn to make best out of waste
DECEMBER	Christmas tree	Students will learn to make christmas tree and decorate it
JANUARY	New Year Greeting cards	Students will make decorative greeting cards
FEBRUARY/MARCH	Collage making	Students will able to understand how to do collage work and colorful combination

		DAV PUBLIC SCHOOL	AUNDH, PUNE	_		
	GK SYLLABUS (2024-2025)					
		STD 2				
MONTH	UNIT / CONTENT	EXPECTED LEARNING OUTCOMES	SUGGESTED ACTIVITIES / ASSIGNMENTS	VALUES / SKILLS		
APRIL / JUNE	1. Our country	Student will be able to: Identify different Indian leaders, Understand the different cities of India and their nick names Understand the National symbols and National monuments	collect pictures of different Indian leaders collect pictures of different Indian cities Draw national flag and colour it. Collect the pictures of National symbols	Communication skills Proud to be an Indian To learn about the culture and the value		
JULY	3. World facts	Students will be able to: students will be able to tell the opposites of the given words. They will understand the adjectives and Proverbs and their usage. Classify different fruits and vegetables according to the colours. they will be able to solve the jumbled word puzzle	Discuss about proverbs discuss about opposite words	Conservation of world famous monuments Understand the role houses play in protecting us from rain, wind and sun		
AUGUST	3. Animal facts	Students will be able to: Identify the worls Leaders and their contribution Identify the different famous world monuments with their images	Identify the monuments from the given image. Identify the	Love for animals, birds and plants		
SEPTEMBER	5. Moral values and behaviour		Tell more about developing good habits. Identify the good manners from the given pictures by drawing a smiley.	Importance of musical instruments Cleanliness, neatness		
OCTOBER	6. Life skills	Students will be able to: Understand about safety and precautions. Understand about self help skills. Identify the safety rules to be followed on road Inculcate moral values	Draw the traffic signal and colour it.	Safety		
NOVEMBER	7. Sports 8. Science and Technology	Students will be able to: Identify famous Indian sports stars various indoor and outdoor games Identify the famous sports persons Identify the famous sports equipments Identify the planets and solar system Know about the scientists and inventors of the world identify various gadgets and devices in our life	Quiz on sports. Quiz on scientists and inventors.	Sportsmanship Importance of gadgets		
DECEMBER	9. science	Students will be able to: Identify the helpers of our society and their occupation. Identify the birds. Identify the birds. Identify the animals. Identify the animals that help us.	collect pictures of animals. Collect pictures of birds.	Logical Reasoning Observation and comparison of things		
JANUARY	10. Mix Bag	Students will be able to:Identify the places of worship in India. Identify the different types of seasons. Identify the various types of transport.Identify the various saints of India.	Collect and paste the pictures of places of worship of India. Identify the mode of transport in the Word Puzzle.	Importance of food Understand the importance of helpers of our society and respect their occupation		
FEBRUARY	11. rainbow colours, flowers and fruits	Students will be able to: Identify the different fruits, vegetables and flowers	Draw and colour the rainbow fruits and flowers.	Importance of fruits, vegetables and flowers		

STD 2	SUBJECT:- MUSIC					
Month	Unit / Content	Learning outcome	Assignment/Activities	Values/Skills		
April	Gayatri Mantra	Students will render Gayatri mantra with correct pronunciation		Inculcation of spiritualism among children		
	Introduction to the Basic alankars- (Alankar 1)	Students will able to know about the basics of Indian Classical Music	Learn Alankars verbally at home	Knowledge of basics of Indian classical music		
June	Alankar 2 & 3	Students will able to know about the basics of Indian Classical Music	Learn Alankars verbally at home	Knowledge of basics of Indian classical music		
	D.A.V Anthem	Students will be able to know about D.A.V Anthem with correct pronunciation	Learn D.A.V Anthem with proper words	Knowledge of school anthem with correct pronunciation		
July	God's Love Is So Wonderful God's love it's so wonderful (2) Oh! Wonderful love! So high you can't get over it (3) Oh! Wonderful love! So deep you can't get over it (3) Oh! Wonderful love! So deep you can't get under it (3) Oh! Wonderful love! So wide you can't get around it (3) Oh! Wonderful love! God's Love Is So Wonderful (3) Oh! Wonderful love!	Students will be able to learn the song and sing in rhythm	Learn the song	Significance of God in our live		
August	विनती करते, हे भगवान आ, आ, आ विनती करते, हे भगवान हम सब बालक हैं अनजान (2)	Students will be able to learn the song and sing in rhythm	Learn the song	Inculcation of spiritualism among children		

\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
तुमने सारा जगत बनाया	
तुमने पानी पवन बनाया (2)	
तुमने फूलों को महकाया	
तुमने तारों को चमकाया (2)	
आ, आ	
तुम जग के पालक भगवान	
हम पर दया करो भगवान (2)	
विनती करते, हे भगवान	
हम सब बालक हैं अनजान	
September Doe a Deer Students will be able to learn the song and sing in rhythm Learn the song and nature	_
Doe, a deer, a female deer Ray, a drop of golden sun Me, a name I call myself Far, a long-long way to run Sew, a needle pulling thread La, a note to follow so	
Tea, a drink with jam and bread That will bring us back to Do (oh-oh-oh) DoReMiFaSoLaTi DoSoDo	
October Students will be able to learn the song and sing Learn the song Significant celebration	
टीप जलाओं टीप जलाओं (festivity in	
आज दिवाली रे, आज दिवाली रे	
खुशी- खुशी सब हंँसते आओ	
आज दिवाली रे, आज दिवाली रे (2)	
मैं तो लूंगी नए खिलौने, तुम भी लेना भाई	
नये-नये मैं कपड़े पहनू खाऊँ खूब मिठाई (2)	
दीप जलाओ, दीप जलाओ	
आज दिवाली रे, आज दिवाली रे (2)	
आज दुकानें खूब सजी हैं	

	घर भी जगमग करते			
	झिलमिल झिलमिल दीप जलें हैं			
	कितने सुंदर लगते (2)			
	दीप जलाओ, दीप जलाओ			
	आज दिवाली रे, आज दिवाली रे(2)			
	खुशी- खुशी सब हसतें आओ			
	आज दिवाली रे			
November	सुन मेरे घोड़े	Students will be able to	Learn the song	Joy of singing
		learn the song and sing in rhythm		
	टिक, टिक, टिक, सुन मेरे घोड़े	In thy thin		
	गिटपिट गिटपिट क्या तू बोले			
	बोलो बोलो तो (2)			
	सरपट सरपट चला आ दौडे			
	नहीं तो पड़ेंगे कोडे(2)			
	टिक ,टिक ,टिक , टिक सुन मेरे घोड़े			
	गिटपिट गिटपिट क्या तू बोले			
	मम्मी से शिकायत करेगा			
	डैडी तुझको डॉटेंगे(2)			
	बहुत डाँटेंगे			
	तेरे सारे संगीत साथी (2)			
	दुम दबाकर भागेंगे			
	टिक, टिक, टिक सुन मेरे घोड़े			
	गिटपिट, गिटपिट क्या तू बोले(2)			
	होमवर्क पूरा कर ले फिर			
	साथ चर्लेगे हम स्कूल(2)			
	बिल्कुल चलेंगे ना			
	टीचर जी से डाँट पड़ेगी			
		I	1	

	हाय हाय			
	टीचर जी से डाँट पड़ेगी			
	अगर गया तू पढ़ना भूल			
	टिक, टिक, टिक सुन मेरे घोड़े			
	गिटपिट, गिटपिट, क्या तू बोले (2)			
	चलो खेलने, चलें करेंगे मिलकर दोनों खूब धमाल(2)			
	हाँ, हाँ, बिल्कुल करेंगे			
	जाओ जाकर टग-बग, टग-बग (2)			
	झटपट ले आओ फुटबॉल			
	टिक, टिक, टिक सुन मेरे घोड़े			
	गिटपिट, गिटपिट क्या तू बोले			
	बोलो बोलो तो			
		0, 1, , 311, 4	T (1	G: :c c
December	Rudolph The Red Nose	Students will learn the carol	Learn the song	Significance of celebrations and
	Rudolph the Red-nose Reindeer			festivity in our lives
	Had a very shiny nose			lives
	And if your ever saw it			
	You would even say it glows			
	All of the other reindeers			
	Used to laugh and call him names They never let poor Rudolph			
	Join in any Reindeer games			
	Then one foggy Christmas eve			
	Santa came to say			
	Rudolph with your nose so bright			
	Won't you guide my sleigh tonight			
	Then all the Reindeers loved him			
	As they shouted with glee Rudolph the red nose Reindeer			
	You will go down in history			
January	Little Green Friends	Students will be able to learn the song and sing	Learn the song	Importance of trees
		in rhythm		
	Little green friends			
	Smiling here and there Little green friends			
	Fittle Riccu Helios			

Feb	Cleaning all the air Little green friends Inviting it to rain Little green friends From them so much we gain Little green friends Give medicines and food Little green friends Enliven every mood Little green friends Smiling here and there Little green friends Cleaning all the air Mother Of Mine	Students will be able to	Learn the song	Importance of
	Mother of mine you gave to me All of my life to do as I please I owe everything, I have to you Mother, O' Mother of mine Mother of mine you gave to me All of my life to do as I please I owe everything, I have to you Mother, sweet mother of mine	learn the song and sing in rhythm		mother in our lives

STD : II					
MONTH	UNIT	TEACHING METHOD ADOPTED	TOPIC COVERED	NUMBER OF	
April	Introduction to Dance theory: - Shloka (Aangikam, Gurur Bramha), and some Dance Steps. SONG- love you zindagi	Explanation. Self Demonstration	Completed	1 Period in one class.	
June	Devotional Song (Song Name :- Shambhu Sutaya Movie- ABCD Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Completed the first 2 minutes of song.	4 Periods in one class.	
July	Devotional Song (Song Name :- Shambhu Sutaya Movie- ABCD Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Revision and then start with new dance steps for 2 minutes dance song will be covered.	4 Periods in one class.	
August	Folk Song Song Name : Gondhal Ude g ambe ude Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Complete the first 2 minutes of song	4 Periods in one class.	
September	Folk Song (Song Name Gondhal Ude g ambe ude Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Revision and then start with new dance steps for 2 minutes dance song will be covered.	4 Periods in one class.	
October	Motivational song- Ashayein Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Completed the first 2 minutes of song.	4 Periods in one class.	
November	Motivational song Ashayein Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Revision and then start with new dance steps for 2 minutes dance song will be covered.	4 Periods in one class.	
December	Patriotic song (Song name:- Ae Watan Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Completed the first 2 minutes of song.	4 Periods in one class.	
January	Patriotic song (Song name:- Ae Watan Total minutes of song:-4:00)	Start with warm up and then start learning new dance steps for dance. Explanation and self demonstration Teaching to them how to catch the rhythm.	Revision and then start with new dance steps for 2 minutes dance song will be covered.	4 Periods in one class.	
February	Revision				
March	Revision				

STD II

SUBJECT: PHYSICAL EDUCATION

Month	Unit / Content	Learning outcome	Values &Skills
April	Warm up Langadi Tadasana Vrikshasana Dandasana	Team Spirit Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.
June	Warm up Suryanamaskar Langadi Mass P.T(Standing exercise) Padmasana Trikonasana	Imagination Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.
July	Warm up Suryanamaskar Dodge Ball Tolasana Virabhadrasana Over head relay	Thinking Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.
August	Warm up Suryanamaskar Mass P.T(Sitting exercise) Vajrasana Adho Mukha Shvanasana Kho-kho	Self Confidence Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.
		Term End Exam	
September	Warm up Ball dribbling Langadi Mass P.T Bhujangasana Janu Shirshasana	Understanding Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.

October	Warm up Ball activity Sack & Lemon spoon race Mass P.T Dhanursana Baddha Konasana Warm up	Co-Ordination Health, Discipline To understand the game Co-Ordination	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility. Values –Importance of health, Team spirit and	
November	Dumbell race Kho-Kho Paschima Uttanasana Upavistha Konasana	Health, Discipline To understand the game	Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.	
December	Warm up Throw ball Mass P.T Shalabhasana Supta Virasana	Grasping Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.	
January	Warm up Over head relay game Mass P.T Dandasana Utkatasana	TERM END EXAM Co-Ordination, Physical Fitness Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.	
February	Warm up Small & Funny Games Dogde ball Relay race Ardha chakrasana Urdhva Mukha Shvanasana	Physical Fitness Health, Discipline To understand the game	Values –Importance of health, Team spirit and Sportsman. Importance of Spirit Physical Fitness, endurance & hygiene, Discipline Skills - Stamina gaining, balance, co-ordination, Flexibility.	
March	ŗ	TERM END EXAM		